

NATIONAL KARATE SCHOOLS INTRAMURAL

Youth, Teen & Adult Divisions

BASICS - WHITE BELT	PERFORMANCE	COMPETITIVE	RING
10 Yrs. & Under Boys & Girls	5:00	5:30	23
11-17 Yrs. Boys & Girls	6:00	6:30	23
18 & Up Men & Women	7:00	7:15	23

Order of Divisions:

1st: NON-JUDGED PERFORMANCE BASICS, WEAPONS OR EMPTY-HAND FORM

2nd: JUDGED COMPETITIVE BASICS

3rd: JUDGED COMPETITIVE WEAPONS

4th: JUDGED COMPETITIVE EMPTY-HAND FORM

5th: JUDGED COMPETITIVE SPARRING

	Time	Ring		Time	Ring
8 & Under Gold & Green Stripe Boys	5:15	20	10 & Under Red & Brown Stripe Boys	7:15	33
8 & Under Green & Purple Stripe Boys	5:15	29	10 & Under Red & Brown Stripe Girls	7:15	31
8 & Under Gold & Green Stripe Girls	5:15	22	11-12 Gold thru Purple Stripe Boys	7:15	13
8 & Under Green & Purple Stripe Girls	5:15	27	11-12 Gold thru Purple Stripe Girls	7:15	14
8 & Under Purple & Blue Stripe Boys	5:15	25	11-12 Purple & Blue Stripe Boys	7:15	10
8 & Under Purple & Blue Stripe Girls	5:15	37	11-12 Purple & Blue Stripe Girls	7:15	12
8 & Under Blue & Red Stripe Boys	5:15	28	11-12 Blue & Red Stripe Boys	7:15	17
8 & Under Blue & Red Stripe Girls	5:15	36	11-12 Blue & Red Stripe Girls	7:15	19
9-10 Gold & Green Boys	5:15	31	11-12 Red & Brown Stripe Boys	7:15	20
9-10 Purple Stripe Boys	5:15	26	11-12 Red & Brown Stripe Girls	7:15	22
9-10 Gold thru Purple Stripe Girls	5:15	33	13-17 Gold thru Brown Stripe Boys	7:15	29
9-10 Purple Boys	5:15	34	13-17 Gold thru Brown Stripe Girls	7:15	25
9-10 Blue Stripe Boys	5:15	35	18-34 Gold thru Brown Stripe Men	7:15	27
9-10 Purple & Blue Stripe Girls	5:15	30	18-34 Gold thru Brown Stripe Women	7:15	34
9-10 Blue Boys	7:15	26	35 & Up Gold thru Brown Stp Men	7:15	36
9-10 Red Stripe Boys	7:15	28	35 & Up Gold thru Brown Stp Women	7:15	37
9-10 Blue & Red Stripe Girls	7:15	30			

Divisions may be split depending on the number of competitors by age, rank and/or size