

# SATURDAY RING ASSIGNMENTS

## BLACK BELT DIVISIONS

ADULT SPARRING	A/AA	TIME	RING
18-29 Men Light, 149 lbs. & under	A	2:30	10
18-29 Men Middle, 150-179 lbs.	A	2:30	10
18-29 Men Heavy, 180 lbs. & over	A	2:30	10
30-39 Men Light, 179 lbs. & under	A	2:30	11
30-39 Men Heavy 180 lbs.& over	A	2:30	11
40-49 Men Light, 179 lbs. & under	A	2:30	12
40-49 Men Heavy 180 lbs.& over	A	2:30	12
50 & Up Men Light, 179 lbs. & under	A	2:30	12
50 & Up Men Heavy 180 lbs.& over	A	2:30	12
18 & Up Men SuperLt, 139 lbs. & under	AA	2:30	2
18 & Up Men Light, 140-149 lbs.	AA	2:30	2
18 & Up Men Light Welter, 150-159 lbs.	AA	2:30	3
18 & Up Men Welter, 160-169 lbs.	AA	2:30	3
18 & Up Men Light Middle, 170-179 lbs.	AA	2:30	7
18 & Up Men Middle, 180-189 lbs.	AA	2:30	7
18 & Up Men Lt Heavy, 190-199 lbs.	AA	2:30	8
18 & Up Men Heavy, 200 lbs & over	AA	2:30	8
30 & Up Men Light, 169 lbs. & under	AA	2:30	6
30 & Up Men Light Middle, 170-184 lbs.	AA	2:30	6
30 & Up Men Light Heavy, 185-199 lbs.	AA	2:30	6
30 & Up Men Heavy, 200 lbs. & over	AA	2:30	6
40 & Up Men Light, 189 lbs. & under	AA	2:30	5
40 & Up Men Heavy, 190 lbs. & over	AA	2:30	5
50 & Up Men Light, 189 lbs. & under	AA	2:30	4
50 & Up Men Heavy, 190 lbs.& over	AA	2:30	4
60 & Up Men Light, 189 lbs. & under	AA	2:30	4
60 & Up Men Heavy, 190 lbs.& over	AA	2:30	4
18-29 Women Light, 129 lbs. & under	A	1:30	13
18-29 Women Middle, 130 lbs. & over	A	1:30	13
30-39 Women Light, 139 lbs. & under	A	1:30	14
30-39 Women Middle, 140 lbs. & over	A	1:30	14
40-49 Women Light, 139 lbs. & under	A	1:30	15
40-49 Women Middle, 140 lbs. & over	A	1:30	15
50 & Up Women All Weights	A	1:30	15
18 & Up Women Superlt, 129 lbs. & under	AA	1:30	1
18 & Up Women Light, 130-139 lbs.	AA	1:30	1
18 & Up Women Lt Middle, 140-149 lbs.	AA	1:30	1
18 & Up Women Middle, 150 lbs. & over	AA	1:30	1
30 & Up Women Light, 139 lbs. & under	AA	1:30	9
30 & Up Women Middle, 140 lbs.& over	AA	1:30	9
40 & Up Women Light, 139 lbs. & under	AA	1:30	9
40 & Up Women Middle, 140 lbs. & over	AA	1:30	9
50 & Up Women Light, 139 lbs. & under	AA	1:30	8
50 & Up Women Middle, 140 lbs. & over	AA	1:30	8
60 & Up Women All Weights	AA	1:30	8