

FRIDAY RING ASSIGNMENTS

Under Black Belt

MUSICAL WEAPONS - will be split as necessary by age/rank

	Time	Ring
10 & Younger, All Ranks, Boys & Girls	4:00	40
11-13, All Ranks, Boys & Girls	4:00	38
14-17, All Ranks, Boys & Girls	4:00	39
18 & Up, All Ranks, Men	4:00	43
18 & Up, All Ranks, Women	4:00	43

CREATIVE WEAPONS - will be split as necessary by age/rank

10 & Younger, Beg/Inter/Adv. Boys & Girls	5:30	39
11-13, Beg/Inter/Adv, Boys & Girls	5:30	38
14-17, All Ranks, Boys & Girls	5:30	42
18 & Up, All Ranks, Men	5:30	43
18 & Up, All Ranks, Women	5:30	43

EXTREME WEAPONS - will be split as necessary by age/rank

17 & Younger, All Ranks, Boys & Girls	7:00	38
18 & Up, All Ranks. Men & Women	7:00	39

MUSICAL FORM - will be split as necessary by age/rank

10 & Younger, All Ranks, Boys & Girls	4:45	40
11-13, All Ranks, Boys & Girls	4:45	38
14-17, All Ranks, Boys & Girls	4:45	39
18 & Up, All Ranks, Men	4:45	43
18 & Up, All Ranks, Women	4:45	43

CREATIVE FORM - will be split as necessary by age/rank

10 & Younger, Beg/Inter/Adv. Boys & Girls	6:15	39
11-13, Beg/Inter/Adv, Boys & Girls	6:15	38
14-17, All Ranks, Boys & Girls	6:15	42
18 & Up, All Ranks, Men	6:15	43
18 & Up, All Ranks, Women	6:15	43

EXTREME FORM - will be split as necessary by age/rank

17 & Younger, All Ranks, Boys & Girls	7:30	38
18 & Up, All Ranks. Men & Women	7:30	39

*NASKA rules will be used in all divisions.
 Note: Only Light headgear contact (no face contact) is allowed
 in all Under Black Belt divisions.

