

# NATIONAL KARATE SCHOOLS INTRAMURAL

## Little Masters Divisions

<b>BASICS - WHITE BELT</b>	<b>PERFORMANCE</b>	<b>COMPETITIVE</b>	<b>RING</b>
5 & Younger Boys & Girls	5:00		11
6 Yrs. Boys & Girls	5:30		11
7 Yrs. Boys & Girls	6:00		11
<b>BASICS - 1 GOLD STRIPE</b>			
5 & Younger Boys & Girls	6:30		11
6 Yrs. Boys & Girls	7:00		11
7 Yrs. Boys & Girls	7:30		11
<b>BASICS - 2 GOLD STRIPES</b>			
5 & Younger Boys & Girls	5:00	5:45	13
6 Yrs. Boys & Girls	5:00	5:45	14
7 Yrs. Boys & Girls	5:00	5:45	15
<b>BASICS - 1 GREEN STRIPE</b>			
5 & Younger Boys & Girls	5:00	5:45	10
6 Yrs. Boys & Girls	5:00	5:45	12
7 Yrs. Boys & Girls	5:00	5:45	21
<b>BASICS - 2 GREEN STRIPES</b>			
5 & Younger Boys & Girls	5:00	5:45	19
6 Yrs. Boys & Girls	5:00	5:45	18
7 Yrs. Boys & Girls	5:00	5:45	21
<b>BASICS - 1 PURPLE STRIPE &amp; UP</b>			
5 & Younger Boys & Girls	5:00	5:45	23
6-7 Yrs. Boys & Girls	5:00	5:45	24
<b>SPARRING - ALL BELT LEVELS</b>			
5 & Younger Boys - 2 Green Stripes & Below		6:30	10
6-7 Yrs Boys - 2 Green Stripes & Below		6:30	12
5 & Younger Girls - 2 Green Stripes & Below		6:30	18
6-7 Girls - 2 Green Stripes & Below		6:30	19
5 & Younger Boys - 1 Purple Stripe & Up		6:30	20
6-7 Boys - 1 Purple Stripe & Up		6:30	21
5 & Younger Girls - 1 Purple Stripe & Up		6:30	22
6-7 Girls - 1 Purple Stripe & Up		6:30	23

*Performance Divisions are non-judged divisions and will receive a performance trophy.*

*Competitive Divisions will be judged and the top 8 scores will receive awards.*

*All others will receive participation awards.*

# NATIONAL KARATE SCHOOLS INTRAMURAL

## Youth, Teen & Adult Divisions

### WHITE BELTS - *Non-Judged Performance Basics Divisions*

**Time** **Ring**

8 -10 Yrs. Boys & Girls

5:15 17

11-17 Yrs. Boys & Girls

5:45 17

18 & Up Men & Women

6:15 17

### Order of Divisions:

**1st: NON-JUDGED PERFORMANCE BASICS, WEAPONS OR EMPTY-HAND FORM**

**2nd: JUDGED COMPETITIVE BASICS**

**3rd: JUDGED COMPETITIVE WEAPONS**

**4th: JUDGED COMPETITIVE EMPTY-HAND FORM**

**5th: JUDGED COMPETITIVE SPARRING**

	<b>Time</b>	<b>Ring</b>		<b>Time</b>	<b>Ring</b>
8 & Younger Gold & Green Stripe Boys	5:15	20	10 & Younger Red & Brown Stripe Boys	7:30	33
8 & Younger Green & Purple Stripe Boys	5:15	29	10 & Younger Red & Brown Stripe Girls	7:30	31
8 & Younger Gold & Green Stripe Girls	5:15	22	11-12 Gold thru Purple Stripe Boys	7:30	13
8 & Younger Green & Purple Stripe Girls	5:15	27	11-12 Gold thru Purple Stripe Girls	7:30	15
8 & Younger Purple & Blue Stripe Boys	5:15	25	11-12 Purple & Blue Stripe Boys	7:30	10
8 & Younger Purple & Blue Stripe Girls	5:15	37	11-12 Purple & Blue Stripe Girls	7:30	12
8 & Younger Blue & Red Stripe Boys	5:15	28	11-12 Blue & Red Stripe Boys	7:30	18
8 & Younger Blue & Red Stripe Girls	5:15	36	11-12 Blue & Red Stripe Girls	7:30	19
9-10 Gold & Green Boys	5:15	31	11-12 Red & Brown Stripe Boys	7:30	20
9-10 Purple Stripe Boys	5:15	26	11-12 Red & Brown Stripe Girls	7:30	22
9-10 Gold thru Purple Stripe Girls	5:15	33	13-17 Gold thru Brown Stripe Boys	7:30	29
9-10 Purple Boys	5:15	34	13-17 Gold thru Brown Stripe Girls	7:30	25
9-10 Blue Stripe Boys	5:15	35	18-34 Gold thru Brown Stripe Men	7:30	27
9-10 Purple & Blue Stripe Girls	5:15	30	18-34 Gold thru Brown Stripe Women	7:30	34
9-10 Blue Boys	7:30	24	35 & Up Gold thru Brown Stp Men	7:30	36
9-10 Red Stripe Boys	7:30	28	35 & Up Gold thru Brown Stp Women	7:30	37
9-10 Blue & Red Stripe Girls	7:30	30			

***Divisions may be split depending on the number of competitors by age, rank and/or size***